

**I love the woman
I am becoming.**

**I am committed to
celebrating the
person that I am.**

**I have the
power to
change my
world.**

I am a badass.

**I
BELIEVE
I CAN BE
KINDER
TO
MYSELF.**

**I choose to stop
apologizing for
being me.**

**I am in
control of
my
thoughts.**

**I COMMIT
TO
LISTENING
TO MY
INTUITION.**

I am exactly where I need to be.

**I choose to let
other's opinions
of me be their
responsibility.**

*I am committed
to loving me.*

**I AM
CAPABLE OF
MAKING
HEALTHY
CHOICES.**

*I choose to
consciously
surround
myself with
positive
influences.*

**I will be fueled
by passion.**

*I have the ability to
choose happiness.*

**I define myself by my character
not my circumstance.**